



# Share your stories of Self-directed Support





Do you use social care services? How much say do you have in the care you receive? We want to hear from you.


In 2014, our [Self-directed support](#)  audit reported on major changes to how social care was being delivered in Scotland. We're checking in again to see whether the Self-directed Support (SDS) policy is working, and having a positive impact on the people who use it. Some people know SDS as personalisation. We're keen to understand your recent experiences and views of SDS or personalisation as a direct user, family member or carer. Please share your valuable stories by completing a brief [online survey](#) . We'll include our findings in our report in summer 2017.

## Want to know more?



[Zoe McGuire's blog](#)  explains why we're looking for your experiences, and our [Project scope flyer](#)  sets out more about the audit.



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SDS aims to improve the impact that care and support have on people's lives by helping them to choose and control what type of social care they get and when and where they get it.



## #MySDSStory

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